

OPUNAKE & COASTAL

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> **Published every Thursday Fortnight**

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plan to involve the community in politics. See page 8.



Keep your pets safe.



something everyone Stratford Knit & Sew. See page 11.



Manaia. Turn to page



New kura principal. See page 15.

Local news, local people, local businesses, local sport, local arts and events. Delivered free around the mountain every fortnight.



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Man charged with double murder

A 21 year-old man has been charged with the double murder of a father and son in Hawera last week.

Emergency services were called to a Manawapou Road property in the early hours of Monday January 18 where the bodies of two men, since identified as those of father and son Stephen Frost and Regan Frost-Lawn were discovered. A man who was granted name suppression appeared in the New Plymouth District Court later that day charged with murder. He is due to appear in the High Court at New Plymouth on February 9.



Police have been investigating the deaths of two men in Hawera.

Motorcycle accident north of Opunake



Injured man is airlifted to Taranaki Base Hospital.

A motorcyclist came off beside flax bushes adjacent on Friday January 22. He was travelling south when the accident happened just before 3pm. He was in the company of two other riders, a man and a woman on their own motorbikes, who came to his assistance.

By the time the Opunake Fire Brigade truck arrived, the injured man was sitting on the side of the road

his motorbike just two to the 75km sign, which kilometres north of Opunake is on the opposite side of the road. Two police cars, lights flashing, marked the south and north limits of the accident scene. A Fire Rescue vehicle arrived at 3.10 and traffic was initially diverted.

At 3.20 the Rescue Helicopter arrived and landed on the north part of the road at 3.20pm. An ambulance arrived at 3.25. At this stage the traffic needed to be diverted, as is apparent in the above picture.

The patient was not badly injured and walked to the helicopter at 3.40pm to be airlifted to the Taranaki Base

When the hospital was contacted by our newspaper, seeking to find how the injured man was progressing, we were told that privacy precluded them from telling

We need to keep our speed down and drive to the conditions while driving. Hopefully, the man involved in this accident is on his way to a full recovery.



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Kaponga and through Eltham.



Now a third name for our mountain

It is becoming very confusing for many visiting people to Taranaki, with yet another mountain name change. Some people contacting me in the past said they wished to summit both of our mountains, Mt Egmont and Mt Taranaki. Now there are three, Maunga Taranaki, and two national parks to visit. Egmont National Park now becoming Te Papakura o Taranaki is quite a mouthful. Questions,. Who will be paying for all the sign-post and map changes? Now there has been the new name changes some people need to start looking forward

and stop looking back to the past to blame. Hey, watch out now because the wind up there might start sucking instead of blowing.

I was interested to see that the Rahiri Lodge in the Egmont National Park has a category-2 historic place status, as it is one of the oldest important buildings left in the park dating back to 1929.

It interested me that building sites such as Rahiri Lodge are historic place sites yet early historical sites such as the early names carved into the bank by early track users/guides, on the Mangorei Track dated 1880 are not protected or verified and fenced off. The Mangorei Track was the earliest access to Mt Taranaki summit climbers at that time. Also there has been no reference noting the

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importance to the historic site of Grayling's Clearing, a site where early travellers took horses and used it as an early camp site. It is now very popular with Egmont

National Park users, and would be of interest to travellers

> Ian McAlpine New Plymouth



Same place, but different names. Will there be any more name changes for our mountain?

26 27 28 29 30 31



OPUNAKE & COASTAL

Publication Dates for 2021

JANUARY						FEBRUARY						MARCH						APRIL									
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DEADLINES:

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- **5pm Thursday** prior to publication.

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DISPLAY ADVERTS - **5pm Friday** prior to publication.

CLASSIFIEDS

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- 3pm Monday prior to publication.

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Mankind is at fault

It's rather typical that someone like Urs Signer, spokesperson for Climate Justice Taranaki is moaning and groaning about our government by saying they are not doing enough to help our changeable weather patterns. Look our government is doing all it can to help out, but they have other important issues to deal with, also.

Look, Signer, well before the birth of Christ there were huge earthquakes, floods, fires, hurricanes, tornadoes and cyclones which devastated Planet Earth, and at that time there were no such things as vehicles around, and no roads, just land untouched by mankind.

Now our biggest problem we now have today is that many things began to change rapidly to the point where cities were born, many trees were felled to build houses etc, roads were put in, the world's population vastly increased, which then increased mankind's pollution etc, then came the invention of cars, fossil fuels and technology, which I believe has brought about quite a sickness, along with death, crime, and more and more poverty.

Yes, we all hope that one day we may not use fossil fuels, so what everyone of us now has to do is to keep our streams, rivers, lakes

and our oceans rubbish free, keep growing more and more trees, respect mother nature. Your Climate Justice Group can get out among our provinces, communities, and help out, as at the moment we do have people who are doing their level best to help our government cause. So Mr Signer, I wouldn't go blaming our fossil fuels at all, so just remember, get your group out asap and help out, as its rather tiring to have people like Mr Signer blaming someone else, instead of helping out our province's community, so how about practicing what you preach Mr Signer by helping out?

> Tom Stephens New Plymouth

New Year greetings

Look, 2020 for our country

and our province has certainly had its ups and its downs, as it all started with Covid-19 lockdowns, then we started to progress slowly through this terrible adversity then things began to get better and better to the point where all retail and other shops began to open their doors, then people began to shop, and that improved to the point to what we have now achieved, which is what we all set out to do, simply because we all followed the properly set down rules, not like overseas, where in some countries, some people are not and have not listened to what their governments have

Then came our general election. People were all given a chance to vote before the given voting date, which many people did, like I did myself, which resulted in an extremely clean sweep by the Labour Party.

been telling them to do, so

they have now paid for their

own misdoings.

Seeing that Christmas is over, and we are all into the New Year 2021, I'd like to take this opportunity to wish every Taranaki person an extremely Happy New Year for 2021. I do really believe that Taranaki is the best province in New Zealand.

> Tom Stephens New Plymouth

Bayly Road Lighthouse

I note in your last edition of this paper December 17th 2020, page 37 there is an article relating to the Cape lighthouse. In this article the lighthouse is constantly referred to as being on Bayley Road, Pungarehu.

If you search for Bayley Road Pungarehu then you will struggle to find any reference as there is not a road spelt that way. The correct spelling is Bayly.

Anyone searching from your article may well be confused if trying to find it by google.

Dave Bayly

Thank you Dave. You are quite right, and we apologise for the error. We will note that in any future reports in our paper.

The Editor

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ADELPHOS

Salt and vinegar potato chips

Before going to a friend's barbeque, I bought quite a few bags of "light" low-fat salt and vinegar chips. My mates had a laugh at the low fat content after eating heaps of them. We agreed that there was very little salty-vinegary taste—a bit disappointing but it wasn't the end of the world.

In our Covid-19 world I'm reminded that Jesus commanded His followers to act as both "light" and the "salt of the earth." What did He mean? By light He wanted our lives, words and actions to shine in a world often darkened by injustice and uncaring. Light diminishes darkness and helps us to see God's intended reality more clearly. With salt, Jesus mostly meant that Christians

are to lead savoury and godly lives as examples for a better world.

But how can Christians be salt and light in a world filled with suffering, especially if they themselves are overwhelmed? It's a typical human question to wonder why an all-powerful and loving God doesn't intervene to stop such catastrophes, especially a global one like the continually mutating Covid-19 virus. It's like the world is at environmental, spiritual political and warfare with itself.

So what are the psychological and spiritual weapons of warfare needed for followers of Jesus striving to be the light and salt of the earth? The best examples are the life of Jesus and Christians

throughout history. You all know the hatred, opposition and fake news He faced and is still facing today in our increasingly secularised society. His example was to plod on for 33 years during His rescue mission to earth from the peace of heaven. His spiritual weapons flowed from the consistent prayer connection with His Father. He hanged in there to the end—despite opposition, death threats and finally submitting Himself as a sacrifice to offer you and me forgiveness for sins on Judgement Day. That forgiveness is still available through the mystery of faith working in our hearts and

The answer of faith seems simple. But it only comes by hearing God's word and obeying it in our lifestyle. We may sometimes fail. But we plod on in faith like Jesus and countless Christians throughout history's good and bad times.

With a daily faith practice we can strive to become the light of the world and salt of the earth by using Jesus' weapons of warfare—the fruits of God's Holy Spirit: love, joy, peace, patience, goodness, kindness, faithfulness and self-control. True faith is like trusting that Jesus packed your parachute when you leap out of an airplane.

Being the light of the world and salt of the earth is surely the Christian's faith challenge in our 2021 world.

Adelphos

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On this month in history: Robin Hyde born

On January 19, 1906 Iris Guiver Wilkinson was born in Capetown, South Africa. She is better known by her writer's name Robin Hyde. She arrived in New Zealand with her parents aged just one month.

The family lived in Wellington and she attended Wellington Girls to highlight the plight of College and later Victoria society's downtrodden, as

University.

In a short life her output was prolific and included several novels (eg The Godwits Fly, 1938), poetry anthologies (eg Houses by the Sea, 1952), as well as journalism (eg NZ Truth, Wanganui Chronical); she often wrote articles

well as the poor treatment of Maori people.

However, her own life was troubled and there was a suicide attempt in 1933, as well as stints in psychiatric hospitals. She ended up in London and ended her on life on August 23, 1939.

On this month in history: **James Watt born**

On January 19, 1736 James Watt was born in Greenock, Renfrewshire, Scotland. The inventor, mechanical engineer chemist improved Thomas

Newcomen's 1712 steam engine with his 1776 steam engine which contributed to the Industrial Revolution.

He also patented a doubleacting engine and early

steam locomotive.

He died on August 25, 1819 aged 83 and is buried at St Mary's Church, Handsworth in England.





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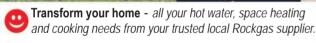


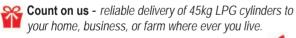
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Mangatoki Womens Institute



Mangatoki WI members enjoy a day out.

On November 28, six members of the Mangatoki WI and some of Sandra's family met at the TSB Showplace after some had been out for dinner in town to see the ABBA show. It was an excellent show with many dancing in the aisles, and enjoyed by all.

For our December 2 meeting, members met at the Paradise Strawberry Farm at Brixton, where members were able to "pick their own" strawberries or buy "ready picked." Some bought ice creams and enjoyed eating them sitting in the sunshine. Next it was on to the Christmas Shop on the outskirts of New Plymouth, where we spent about an hour, where most of us bought some new decorations or a Christmas gift. Our next

stop was at Palmer's Garden shop, where more purchases were made, and then on to Lake Rotomanu where a shady spot was found not far from Te Rewa Rewa Bridge, just ideal for our picnic lunch. Between us, we took enough deck chairs and car rugs for everyone, and the committee brought a table and Christmas tablecloth, a table decoration and a beautiful Christmas lunch of sandwiches, savouries, and variety small cakes and slices, fruit and strawberries from the Strawberry farm, which we all enjoyed.

Thanks go to those who brought the food and drinks. A short business meeting was held before leaving for home, after a very enjoyable

Lucy Moger Mangatoki W.I. Reporter

Seriously sizzling property market in 2020

Covid-19 did little to dampen the New Zealand property market last year. New annual data from realestate.co.nz shows that as prices soared, so too did demand with 23.0% more users searching for property nationally when compared to 2019.

Also increasing by 227.8%, the number of people searching for property in 2020 more than tripled when compared to 2016.

Taylor, Vanessa spokesperson for realestate. co.nz, says that despite all the challenges that came with 2020, our love affair with property didn't

"Up 10.7% to \$775,976, properties in New Zealand, on average, cost \$75,056 more in 2020 than they did in 2019," says Vanessa. "Coupled with the record demand, this tells us that people didn't shy away from buying and selling last year."

Vanessa says that all property listed on realestate. co.nz in 2020 totalled an asking price sum of \$94 billion*, up 5.4% on \$90 billion in 2019.

Demand from searching for property at realestate.co.nz rose in every region in 2020, with the most significant increases seen in the South Island. Searches were up 46.1% in Nelson & Bays, 38.9% in West Coast and 37.6% in Marlborough.

However, the increase in demand wasn't matched by the number of properties that

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lan Grawford

came onto the market, says Vanessa.

Nationally, properties were listed for sale in 2020 - a 2.6% decrease on the 112,007 properties that hit the market in 2019.

Marlborough property seekers were most squeezed for choice last year, with 16.2% fewer homes coming on to the market in the region compared to 2019. In Northland, new listings were down 15.9% on 2019 and in Nelson & Bays they dropped 14.0%.

"What we've seen quite clearly throughout 2020 is demand for property outweighing supply, which could have contributed to price increases," says Vanessa.

Only Auckland bucked the trend, with a 10.5% increase in listings in 2020, while Central Otago/Lakes recorded a marginal increase of 0.3%.

Average asking prices were up year-on-year in every New Zealand region in 2020, as well as nationally.

The largest price increase during 2020 was in Gisborne, where average asking prices were up 21.8% on 2019 to \$526,948. This was followed by Wairarapa and Manawatu/Whanganui, both up 16.8% to \$591,600 and \$494,468 respectively. Southland prices increased 14.4% to \$406,872 and Otago was up 13.7% to \$526,609.

In Taranaki average asking prices were up 11.9% to 495,340, with a 21.4% increase in users searching for property, but new listings were down 4.9%

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Aviation safety campaign recognised



Alan Beck has been awarded the ONZM for his services to agricultural aviation and aviation safety.

Alan Beck says he has been to 57 funerals of fellow helicopter pilots. Many of these had been killed when the helicopters they were flying ran into low hanging wires.

When the Eltham helicopter pilot and founder of Beck Helicopters began a four year tenure as chairman of the New Zealand Agricultural Aviation Association he felt he was in a position to do something about improving safety for helicopter pilots. The result was the Down to the Wire campaign which was launched at parliament in 2015.

His services to agricultural aviation and aviation safety were recognised in this year's New Year's Honour List by being made an Officer in the New Zealand Order of Merit (ONZM).

Alan has half a century's experience in the helicopter business. He recalls a "gung-ho" culture when he started. Of the other eight pilots he trained with, seven went into the higher risk higher return deer recovery business, while Alan and one other took the lower risk lower return agricultural aviation path. Alan is the only one still in the business. The other agricultural pilot has since retired, and the seven who went into deer recovery have all been killed in accidents.

Alan founded Beck Helicopters in 1972, and his work drew him into rescue operations. These included farm accidents, but were mainly centred around search and rescue on Mt Taranaki. From 1973-93 he was involved in 102 off-mountain operations, including 14 body recoveries. These were done in the days before tracker beacons, cellphones

"In those days you just had the mark of the eyeball and your knowledge of the mountain," he said.

In 1989 his services to search and rescue were recognised with the award of a QSM.

Three years later another chapter in Alan's life began when he broke his back when the helicopter he was flying hit a wire while he was doing some spraying at Tarata.

"It was an electric fence that brought me down," he recalls. "I never saw it as I was flying into the sun."

The dangers posed by low hanging electric wires which were thin and difficult to see was something people were aware of back then, but at the time there were not the laws or the will to do anything about it, says Alan.

He says helicopters are complex machines, and often a pilot maybe more focussed on the controls and not see a wire until it's too late.

"An electric fence or TV wire is very thin and high tensile. You might see them at the last minute, but many don't."

He says 29 agricultural pilots have been killed in flying accidents involving electric fence wires. While others have also been killed in this way, his main interest has always been pilots working in the agricultural sector.

"We work in a low level environment, and as soon as you're down at low level, you're in enemy territory,

and the enemy is the wire." As well as his own experience, Alan cites the death of fellow pilot and good friend Peter Robb in an

accident as one of the factors

behind his aviation safety

campaign.

He says once launched, the Down to the Wire Campaign took a while to get going, although it was helped when the Civil Aviation Authority and Federated Farmers came on board.

As well as educating people about wire strike, the campaign aims to persuade farmers to where practicable, take the wires down. It is a message, which Alan says farmers have been prepared to take on board. Helping spread that message are 29 Down to the Wire ambassadors. These range from big names like Dick Smith and Richie McCaw, through to 11 year-old Leon Fenemor from Nelson, whose picture of Alan's helicopter fighting the 2019 Tasman District fires went viral on social media.

The Down to the Wire message has proved a big hit

at rural schools. "We try to educate young kids, as I believe young kids will go home and say Dad, Dad, you have got to take down those wires," says Alan.

Alan's citation also mentions his work in helping fight the Tasman and port Hill fires, as well as his support for the Rotokare Scenic Reserve Trust, which has included delivering beehives and materials for walking

Alan's other interests include the Eltham Lions Club, of which he is a charter member.

Another interest is music, which he attributes to his childhood years as one of nine children in a family growing up at Pongaroa in the Wairarapa with no TV. The local school put on their own Gilbert and Sullivan opera which Alan took part in. His talents as a tenor have been in demand ever since, including singing the national anthem at Eltham ANZAC Day commemorations.

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OPUNAKE FIRE SERVICE

Benefits to having a fire extinguisher handy

Welcome all to 2021. The rain and changeable weather has been a bit of a pain for campers, but from a fire fighting point of view we have been so lucky it's kept the scrub fires away. There's still plenty of green growth and moisture around to stop any burn offs getting out of

If you can get your hands on a fire extinguisher its so worth having one. The quick work of a fire extinguisher saved this house from major damage. You can see in the photo the power box had caught fire and then the owner



CFO CRAIG DINGLE

aimed the nozzle in through a melted hole and blew dry powder into the meter box suffocating the flames. Good

Opunake Brigade attended a ute that left the road and



The faulty powerbox.

dock. The person escaped injuries. with minor injuries but the ute wasn't looking too well.

The motorcycle crash on Friday resulted in one person being airlifted to

ended up on its side in a pad- New Plymouth with minor

Until next time Stay safe

> Craig Dingle CFO Opunake Brigade

It's a slippery slope to the top for native fish

New Zealand's native fish are doing their best to climb up ramps in a NIWA laboratory so scientists can learn how to better help them navigate our tricky waterways.

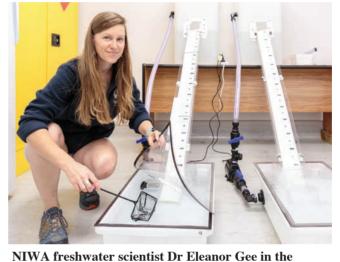
Hamilton-based hydroecologist Dr Eleanor Gee and her team have rigged up six ramps - each at different angles and sporting two different surface types - one smooth, the other textured - to test how adept the fish are at making their way to the top. The idea is to simulate their upstream migration.

She's using young fish of the whitebait species kōaro and banded kokopu at the moment and plans to move on to redfin bullies. "These species are known to be climbers and all migrate as part of their lifecycle."

Kōaro in particular are known to be excellent climbers and able to penetrate further inland than other whitebait species after spending their larval life in

Migrating native fish face a range of issues in our waterways, including manmade barriers such as dams, weirs and culverts that prevent them reaching their preferred freshwater habitats.

"What we're trying to do is find out the limits of the known climbing fish by testing them on ramps



laboratory setting up her fish ramp experiments to see how adept the animals are are climbing slopes. **Photo: Chloe Ramsey**

of varying steepness. Ultimately, we'd like to look at whether larger or older fish find it more difficult. We know some small fish can climb near vertical slopes, but they probably can't do that their entire lives so we want to find out at what stage they stop.'

Dr Gee says the ability to climb is not a particularly common strategy for fish but it allows the fish to migrate further upstream than other species they may compete with. However, more than one-third of New Zealand's native freshwater fish migrate from the sea upstream, and that includes a number of species in decline.

"The shortjaw kōkopu is a

nationally threatened species and is also a climber, so it's important to find as much as possible about climbing so we can manage them in the best possible way."

Interestingly, not all climbing fish climb in the same way. Kōaro and banded kōkopu use an alternating limb movement, like swimming freestyle, while bullies go for a bilateral movement which is more like breast-stroke, moving both limbs in the same direction at the same time. "It's pretty impressive watching them shuffle their way up these structures."

They can also climb a long way with some known to surmount significant

waterfalls depending on the steepness and the type of substrate available.

The insight Dr Gee gains from the experiments will be used to update the New Zealand Fish Passage Guidelines first introduced in 2018. The guidelines set out the recommended practice for designing infrastructure in streams that enable fish to pass through and were developed to help waterway managers, engineers, environmental officers, iwi and communities understand and implement better management of fish passage in New Zealand.

freshwater management rules require all regional councils to identify barriers to fish passage and come up with a plan for mitigating them.

So far the experiment is providing plenty of challenges for the 100 or so fish roped in to help. "I've seen a koaro get up reasonably quickly and then experience a slippery ride to the bottom, and I've had a few naughty children who have decided to climb off the ramp, but it is a really fun experiment to do."

"For me personally a lot of what drives me professionally is the contribution I can make to the public knowledge and understanding of these species. People care a lot about these treasured animals."

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Festival of Lights rocked



The Crowd at the Hatchery Lawn at Pukekura Park.

A huge crowd packed the Hatchery Lawn at Pukekura Park to watch Taranaki band The Slacks perform at the hugely popular Festival of Lights on Friday January 22. Their 2018 hit song Yeah Nah – a great song – got everyone rocking.

On a beautiful summer's night it was a momentous end to a great range of musical entertainment at the Festival of Lights held from December 19 to January 31. It was also the end of a series of concerts at the Hatchery Lawn which included the dulcet sounds of Mike Gordon and the Ritz Big Band with Unity Wara on Thursday January 14 and on Saturday January 16 One Waka who performed a variety of contemporary music which also drew big crowds.

Unfortunately the

set in for the Singer Song but some intrepid concert some home grown music. By the time half of the Slacks made an appearance closing the evening the crowd had bit more of an introduction to the various artists including the title of their songs.

Writers night the next night goers still turned out to hear grown and the weather. I would have a liked though a

A solitary sociable tame swan

also ambled out standing among the audience for most of the musical entertainment over the week of the three events I attended, much to the delight and amusement of those gathered. The Pukekura café also remained open and other food stalls gave the large

crowd a range of food options. Some kinetic auditory art on the picturesque Pukekura

Bridge was another intriguing addition to the

entertainment. Also the Mountain of Light.

With boats for hire and the endless walks and light displays Pukekura Park was teeming with people and blessed with (mostly) good weather was a hive of activity and a focal point of entertainment over the Christmas holiday period.

Earlier musical included the Warratahs (on December 19) which I also enjoyed. Dunedin Band The Chills was a great addition to the programme who performed on Sunday December 27 which sadly I missed.

In all on offer was a musical feast along with a host of other activities, the New Plymouth District Council is to be congratulated for a stimulating and enjoyable addition to the annual Festival of Lights.

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The Slacks perform at the hugely popular Festival of Lights.



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Lively discussion at Shining Peak Brewing

A lively discussion was held at the Shining Peak Brewing in New Plymouth on Monday January 25. The event was organised by New Plymouth MP Glen Bennett and New Plymouth District Councillor Anneka Carlson.

New Plymouth Distict Councillor Amanda Clinton-Gohdes was also at the event and made a significant contribution to the discussion.

There were about 20 participants who discussed, in small groups, what were the important issues for Taranaki and beyond? As this event is intended to be a monthly one, they also discussed the mechanics of such meetings including where and the format.

"I'm stoked to be working with Glen Bennett on this initiative to help our community engage better around local and political issue in our region," said Anneka. A concomitant



Cr Anneka Carlson and Glen Bennett MP at Shining Peak Brewing.

of this venture is the establishment of a facebook

page called Politics Taranaki to stimulate more involvement of people in politics.

Glen is keen to have great width of input. "There is space from all sides." He mentioned a number of prominent people, he'd like to see involved, such as Barbara Kuriger MP and Cr Murray Chong. He also mentioned other political parties such as New Zealand First who could be participants.

"We want a forum where we can challenge each other's ideas, so tonight is the start of that." He added, "We want to get your ideas and feedback."

He also made a plea that we do all we can to fight the pandemic. "QR and Phones are a very effective method of helping to stamp out Covid."

Anneka handled the format of the discussion groups and outlined the structure and delivered quite tight time limits. Later, a spokesperson from each group outlined what each group came up with.

The results were wide ranging. Some of the important tissues included housing, global warming, unemployment, fluoridation of water and transition from oil and gas to more sustainable options. More locally, the need was raised for a roundabout in the vicinity of Spotswood Countdown because of the density of traffic. The current issue of a Maori ward for New Plymouth District council was another local issue.

Anneka talked about the facebook page and asked What do you want from the page? and What do you not want from the page? and other aspects.

As the meeting ended Anneka and Glen stayed to answer questions on a one-to-one basis. It was an impressive start to a new initiative with definite potential.

SAFE commends new Ministry of Health eating guidelines

SAFE commends new Ministry of Health eating guidelines for promoting plant-based diets The Ministry of Health has for the first time acknowledged

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the correlation between sustainable diets and the climate emergency. The Ministry's new eating guidelines say there is an urgent need to promote diets that are healthy and have low environmental impacts. SAFE Campaigns Officer

Kylie Dale said it's a step in

the right direction.

"While it's great the new guidelines stress the importance of sustainable diets, the new changes don't go far enough," said Kylie Dale.

"We're disappointed that this update has increased the recommended number of daily servings of dairy products." Agricultural emissions make up the largest share of New Zealand's climate emissions, and the dairy industry is a major contributor to these. Dairy is also one of the main sources of saturated fat in the average New Zealand diet. "The new eating guidelines

recommend a

"We would like to see the eating guidelines incorporate the health and environmental benefits of choosing fortified non-dairy alternatives."

to substitute dairy with

healthier, climate-friendly

alternatives."

In-ova sexing technologies saves millions of chicks

already

In-ovo sexing technologies could spare millions of chicks --

Germany's Cabinet has approved legislation that will prohibit the practice of killing newly hatched male chicks from January 1 next Instead, Germany will use in-ovo gender technology, which enables egg producers to test the sex of embryos inside the egg during the early stages of incubation.

SAFE Campaigns Manager Jessica Chambers said NZ need to adopt these technologies, so it doesn't fall behind.

mostly plant-based diet. In

"Every year around four million day-old male chicks are killed here because they're considered unwanted by-products by the egg industry," said Chambers.

"Male chicks are killed by gassing or a process called maceration, where the chick is minced and shredded alive."

France has also pledged to ban the killing of dayold male chicks. They plan to make the transition by 2022. Assoavi, the trade association representing the largest egg producers in Italy, have committed to adopting in-ovo sexing

technologies.

Executive Director of the Poultry Industry Association Michael Brooks has previously said the egg industry would look to adopt in-ovo gender technology if it were proven effective.

"There are now moves in multiple jurisdictions to adopt in-ovo gender technology and end the slaughter of day-old male chicks. The industry has all the proof it needs that this technology is available."



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Climate Justice Taranaki marks first 10 years

"When we started Climate Justice Taranaki 10 years ago, we were sitting at 390 parts per million of atmospheric CO2. Since then, countless permits consents resource have been handed out by Taranaki councils and the Environmental Protection Authority to oil and gas companies, to drill, frack and contaminate our land, water and sea. Industrial agriculture has been allowed to expand by the continuous use of synthetic fertilisers, imported feeds, land conversion and irrigation

in regions that are most vulnerable. Atmospheric CO2 has now risen to almost 413 ppm and is still rising. The time to turn things around is well and truly running out" laments cofounder of Climate Justice Taranaki, Emily Bailey.

"Our very first media release in December 2010 was about the Waitangi Tribunal's 796 Report on the Management of the Petroleum Resource which found that the Crown breached the rights and protection of tangata whenua promised in Te

Tiriti o Waitangi. Back then we said 'We will not watch silently as Papatūānuku and Ranginui are threatened by profit-driven companies for the benefit of the rich. Instead, we are organising a movement here in Taranaki to confront and stop the rampant mining, and stand in solidarity with people across the world who are resisting at the front lines of climate change' and that we did."

"We are proud of what we have achieved so far, working together tangata whenua, community groups and others who care

to make change, notably: "While we have made some gains over the years, our group's mission is far from accomplished and we will be releasing a plan for a Downshift in fossil fuel use over the next ten years" says Emily "Our present ecological problems arise from economic models which plunder our planet and exploit our people. It is only through brave political and systematic economic change that we can get ourselves out of this mess. For too long the buck has been passed down to next generations to deal

with the hard changes we must make so that politicians and management can protect their social positions and personal pay packages. If we're serious about halting runaway climate chaos and not having more years like this one, we have to seriously stop wasting finite resources and downsize our lifestyles. That means big changes like banning combustion engine vehicle imports and heavily taxing international shipping and flights."

"Climate Justice Taranaki will continue our work in influencing government

highlighting policies. important issues through public meetings, protests, blockades and community organising.

We send a message of love and solidarity to all our supporters across the region and the iwi, hapū, unions and community groups up and down the country who also continue to fight for a better future for coming generations each and every day" says Emily Bailey.

Protect your pets from the Summer sun

With a long, hot summer upon us, pet owners are urged to be extra mindful of their pet's health and safety. Unusually warm weather can quickly take its toll on furry family members, who aren't well equipped for dealing with blazing heat.

The National Institute for Water and Atmospheric Research (NIWA) recently released its forecast for summer, showing that marine heatwave conditions are expected. Described as periods of extremely warm sea surface temperatures persisting for some time, it also means above average forecasted air temperatures across the country with elevated humidity.

"While many welcome a hot summer it can put extra stress on pets, both large and small," says Michelle Le Long, chief operations officer at pet insurance provider PD <u>Insurance</u>. "But with a little extra awareness from us, our dogs and cats can enjoy the holidays as much as we do." Unlike humans, cats and

dogs can't handle hot weather particularly well. After all, they're covered in a coat of insulating fur. Neither species sweats like we do.

Dogs, who are more likely to be running around outside, control their temperature by panting and sweating through their paws. Cats, on the other hand, know a thing



Mother duck and two duckings at Pukekura Park.

or two about evaporative cooling. They lick their coats in summer to help control temperatures - the saliva drying off takes heat with it, in the same way that human sweating works.

With that said, here's the top tips for cool pets on a hot day:

Pets can dehydrate fast. Make sure there's plenty of fresh, clean water, and be sure there's a cool, shady place available where they can rest out of the harsh rays of the sun.

Don't over exercise. Just as you'd seek shelter in the pool or under a brolly in the heat of the day, don't take your pet for a prowl if it's properly sweltering. Early mornings and evenings are best.

Avoid hot pavements. Paws can burn, leaving your pal in an unpleasant place and you with a potential vet bill. If you can't walk on it barefoot, neither can they.

No parked cars. This is a more obvious one, but it must be said: don't leave your pet in a parked car. Not only do parked cars act as an oven, heating up so rapidly that even a matter of minutes can put your pet into difficulty or worse, it's an offence. Those who stray can expect a well-deserved reminder from authorities, to the tune

Trim don't shave. For those with long-haired cat or dog breeds, trim their mane into something a little cooler. But avoid the temptation to go too short: fur coats might be a little overdressed for the summer, but they protect your pet from sunburn.

Avoid the burn. On that note, bear in mind some breeds (including Staffies,

Dalmatians and any pale pup) are prone to sunburn, so take precautions for these pets. Use sunscreen and make sure it's labelled specifically for use on animals. Other pets need to be actively cooled down - snub-nosed dogs like Bulldogs, Pugs, and Boston Terriers, and cats like Persians, can't pant efficiently and may need a hand (e.g. a cool shower and/or positioning under the aircon). Long haired cats can benefit from more frequent brushing, helping to keep their fur under control.

Watch for the symptoms of heat stroke. An overheating pet might pant excessively, have difficulty breathing

with an increased heart and respiratory rate, drool, display uncharacteristic weakness, appear 'out of it' or even collapse. Other more serious symptoms include seizures, bloody diarrhoea and vomit along with a body temperature above 40 degrees. If any of these symptoms are noticed, cool your pet, offer water and take them straight to the nearest vet.

Be careful around water. We love our beaches, rivers, lakes and streams, but these can be dangerous areas for your pets. Keep a close eye out because, just like with other family members, keeping cool can get them into trouble. Reduce any risk of your pet getting caught in a rip or washed away.

Le Long says a hot summer is something to be looked forward to. "Make this summer the best by taking your pet along to enjoy every moment, while being sure to take special care of their needs. And remember, a vet bill for an overheated pet can be expensive, but insurance isn't. We've made pet insurance fast, simple and affordable, so when your dog or cat needs health or accident care, the cost doesn't have to concern you."

For further information, please visit https://pd.co.nz







MAC SOLE Episode 30 Managing an Auckland Hotel

Slowly surely financially life was looking up to the point I was able (with a Government loan) to build a 1200 square foot home at 18A Princes Street extension. Now it is called Pururi Street. Although I had never borrowed money from my bank, the New South Wales (now Westpac), the elderly bank manager offered me some financial help if I ever needed it. This was a surprise to me, but he was impressed with my work ethic. Later, he retired and went to live in Hawkes Bay and invited me and my family to stay with him and

10

his family.

In 1972 I decided to try a new profession, but what I didn't know at the time I had 10 months of work ahead with great paying builders such as Ralph Stables, Len Holloway, Brian Duffy, George Wharehoka, as well as a lot of private work. None the less my mind was made up, so selling my business plus gear and vehicle to my apprentice (who had finished his time), I was off to Auckland, but not knowing what to expect.

I gained an interim job with a large painting company Hendersons. My first job was to paint the grubby interior of



A selection of alcohol in an array of colourful bottles.

a ship. I started, then walked which needed lots of work. off the job, giving my notice

After a fair amount of time as I thought my skills were two men approached me at above this. They asked me to the hotel, men who I was to stay and sent me to carry out learn turned out to be senior work at the Glen Innes hotel, men from NZ Breweries.

They informed me they had me watched, which included my honesty and offered me

What a shock and complete surprise, in fact unbelievable. They also told me what my income would be. I asked for time to consider the offer. I apparently was taking too long, because a week later they returned and increased the pay offer.

I accepted, not telling them I was happy with their first offer, which I was about to accept.

The first job was to manage the Glen Innes Wholesale as it was losing money on the monthly stocktakes - some figures about 6 or 7 hundred dollars.

Here I was in my own office, a big leather chair to sit in, feeling embarrassed and finding it hard to take in. What luck, Mac get stuck in! On settling in, I found a

couple of staff members not as honest as they could be so I invited them to resign.

I also checked on stock being delivered at the loading dock, not leaving that to the dock staff, which I didn't think made them all that happy, but this was to make sure we had not been short delivered. This, along with other precautions, ensured the future stocktakes were good and the wholesale showed good profits.

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Bring on better bangers

Sausages on the barbie are a great Kiwi summer tradition - but there's a warning that the salt content could put you at risk of stroke.

That's according to new research commissioned by the Stroke Foundation, which found many supermarket sausages contain very high quantities of salt.

"We don't want to ban the banger," says Stroke Foundation Health Promotion Manager, Julia

"But the research has shown that an average serving of sausages can contain half your recommended daily salt intake – and we all know how easy it is to load up the plate. The more salt you eat, the more you increase your risk of stroke."

That's because too much salt can cause high blood pressure – the number one modifiable risk factor for stroke. But over 75% of strokes are preventable and working to reduce the amount of salt in processed foods, like sausages, will help to combat this.

According to the World Health Organization, it's recommended that we only consume a teaspoon of salt a day - and a serving of sausages can contain around half a teaspoon.

"Some manufacturers have taken commendable steps to reduce salt in their

products, but this isn't happening across the board. The government needs to get more hands-on and set targets for reformulation that all manufacturers are strongly encouraged reach," explains Julia.

Each year, over 11,000 New Zealanders experience a stroke and at a cost of \$1.1 billion to the New Zealand economy. Reducing salt consumption will not only help to reduce the risk of stroke and other cardiovascular diseases but will reduce the huge burden on the health sector and economy.

"This research highlights a cost-effective opportunity to improve public health by increasing our efforts to reduce the amount of salt in sausages - and other processed foods," Julia says.

And it's not just barbeque sausages - the research carried out by the National Institute for Health Innovation (NIHI) analysed a wide range of sausages including kranskys, hotdogs and meat-free products.

"Read the label on the packaging and look for low-options," says Julia. "Sausages that contain less than 650mg sodium (salt)/100g of salt is what to look out for. "And resist the urge to put that extra sausage on your plate - load up on salad instead."

Health warning for river mouths

South Taranaki District Council (STDC) regulatory services manager, Chantelle Denton, has issued a health warning for Kaupokonui and Waingongoro (Ohawe) River mouths.

"Routine sampling by Taranaki Regional Council has found high levels of Escherichia coli (E.coli) at Kaupokonui and Waingongoro river mouths. Visitors to these areas should not collect shellfish and plant life or come into contact with the water," says Chantelle.

"Keep your pets away from the water too as they can also be affected," she says.

The STDC has erected warning signs at these locations. Further water samples will be taken and the warning signs will be removed when the levels are considered safe.

Chantelle reminds people that the general rule is to not swim after heavy rainfall.

"Heavy rain flushes contaminants from urban and rural land into waterways and we always advise people not to swim in streams/rivers for at least three days after heavy or prolonged rainfall - even if a site usually has good water quality."



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Stratford Knit & Sew has first birthday

One of the most attractive Taranaki, shops in Stratford Knit and Sew at 202 Broadway, has just celebrated its first birthday, under the care of its conscientious owner Arnold Cox. The former secondary school teacher first opened the shop in December 2019 and enjoys helping shoppers with their needs, despite, "It's been a tough year because of Covid but I've survived." Sadly quite a few shops in Stratford have not.

However, one product that was very much in demand last year was elastic, which was sold in huge quantities. It was sought by customers who used it to make masks to protect themselves, and others, from possible Covid infection.

Arnold remains enthusiastic about his shop and customers.

"I love it. I like meeting new people and solving their problems.'

One problem includes mending, which he can take care of at a competitive

Another problem he's had to overcome is the increasing tendency for people to shop using the internet. "They don't seem



Owner Arnold Cox with imaginative panels.

to realise it's often dearer on line," he warns. One of the extra costs is postage, he explains.

Arnold has a huge variety of products on offer and at competitive prices. He mentions a few examples such as the rule cutter, which he sells for \$92; elsewhere the buyer has to fork out \$150. His handknitting yarns sell at a price much cheaper than elsewhere. No wonder his loyal customers keep coming back and this includes from places as far afield as Auckland and Wellington.

Here is just a selection of what a shopper can purchase: a huge selection of wool, quilting materials, patterns, embroidery

materials, craft materials, needles (knitting machinery), novelty buttons, scissors and blenders.

Arnold has a good selection of new products such as knitting cottons and bamboo wool. His imaginative panels, which can be used as wall hangings or quilts, are most appealing and well worth a look.

Stratford Knit and Sew is open from 10am to 4pm weekdays and on Saturdays 10am to midday. His website is a mine of information www.stratfordknitandsew. com as well as facebook.

Apart from calling at the shop for friendly expert service, you can phone 06 765 4181 or email coxa@ xtra.co.nz



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Two of Stratford Knit & Sew's younger customers Zara Cowan (9) and Lilly Cowan (13) with a selection of quality wool.



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End of an era for Manaia church

St Cuthberts Anglican Church in Manaia was dedicated in 1960. Just over 60 years later it will be deconsecrated at a service to be led by Archbishop Philip Richardson at 2pm on Friday January 29.

As reported in the Opunake and Coastal News last year the church buildings had been given an earthquake assessment of 30 per cent of the New Building Standards, when the required standard for a church building is 60-70 per cent.

"It's the end of an era in relationship to the Anglican presence in Manaia going back a long time which has produced a very fruitful ministry in the past," says Archdeacon for Waitotara Chester Borrows. hope there will be sufficient interest for something to happen in the future. The congregation had got to the stage where it was non-viable and costing us money. There was a very small congregation of 7-8 and that was just not enough to keep this going. We couldn't maintain the costs of keeping this going. It was run on volunteers who had done an excellent job, but there were still involved maintaining our presence there. The church was closed for seismic risk, so the church building can't

be used as a church."

He said that after the deconsecration service the church will be disposed of in a manner yet to be determined. This could include an arrangement with a third party who may have their own proposals for its use.

One man who has been there from the start is local identity and nurseryman David Self.

"I'm the last member



St Cuthbert's Church in Manaia.

of the original building committee. I was one of three young guys in our 20s. There was Keith Bloor, Nigel MacLeod and myself. The others were the older people," he says.

David was later to be a minister here. Ironically in March it will be the 50th anniversary of his ordination as a priest.

He had come to Taranaki in 1953. He and his wife Mary were invited to join the Anglican Church by a Mr and Mrs Hobday.

In the 1950s the church vestry decided they wanted a new building and a fundraising campaign got underway. David remembers the architect J.W.Brimblecombe as "quite a character at the time."

David recalls the vicar at



The last surviving member of the Building Committee Reverend David Self.

the time was Pat Gourdie who would milk 12 cows in a cowshed next to the church.

An ex-military chaplain who had been at Monte Cassino, he later returned there in

1994 to lead a service.

"He inspired me," says David. "I thought I would like to be like him. He liked his wife, his family, his church and his people, and I tried to follow him."

Other ministers he recalls include Ken Saunders, "the right man at the right time," and Bob Peck from Kentucky.

"He brought a real richness to our worship," says David.

Meanwhile David was getting more involved in the church, as Sunday School teacher, Bible Class leader and lay reader.

"My mind felt I would like to go a bit further, but I felt I had no qualifications apart from knowing something about farming."

A turning point came in 1967 when the Rev Keith

Elliott who had won the Victoria Cross in World War II before becoming an Anglican minister took a service at St Aidan's in

"I went along to hear him. He was a man who knew his own mind. He had won the VC for bravery, had the call to become a priest, and was ordained without any exams.""

David was ordained a deacon in 1970, and a priest in 1971.

Back then St Cuthberts was the centre of the Parochial District of Manaia, which included churches at Otakeho and Okaiawa, with monthly services at Auroa.

"The vicar of Manaia was quite busy, and they had a good congregation then," says David.

On this month in history Sir Alfred Reed dies

On January 15, Sir Alfred Hamish Reed died, aged 99. The writer and publisher was better known as AH

He was born in England

in 1875 and his family came here in 1887.

He founded AH and AW Reed with his nephew Alexander Wyclif (known as Clif) Reed. The firm became one of New Zealand's main publishing companies although his initial focus was religious books.

He also wrote 44 books himself, some based on his

long distance walks. At the age of 85 he walked the length of New Zealand. At the age of 89 he walked from Sydney to Melbourne.

He climbed Mount

Taranaki at the age of 80. He climbed Ruapehu at 83 and Ngaurohoe at 85.

His final book was

published on his 99th birthday and was entitled

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New guardians needed for Manaia Walkway

The Manaia Walkway begins and finishes at the Manaia Golf Club rooms. It wends a circular route, skirting the golf course, taking in the Lone Pine Grove, the historic Manaia Redoubt site, and a bushclad walk along the banks of the Waiokura Stream.

Signs have been placed at the corners of Hassard Street and South Road, and Tauhuri and Karaka Streets but the Walkway is still unknown to many, including some locals.

"One woman used to play golf here in Manaia, and didn't even know the walkway was here," says Anne Chisnall. Anne and husband Gordon have been doing volunteer work looking after the Walkway, but now, no longer living in Manaia, they are looking for

"All the hard work has been done. Now we just need to maintain it," says Gordon.

In recent years the Taranaki Coastal (formerly Egmont Plains) Community Board have made grants to the Walkway from their discretionary fund and from the Waimate Plains Development Levy, a fund for projects in the area of the former Waimate Plains

Gordon and Anne, together with Lorna Le Fleming have received Citizens Awards from the South Taranaki District Council for their Walkway work.

Gordon says the Walkway is now home to 40-50 species of native trees, including some that don't normally grow in the Manaia area. These include some like the puriri and pohutukawa growing in frost-free areas.



The concrete watchtower at the Manaia Redoubt on the walkway.

"The puriri is very susceptible to frost and doesn't grow naturally in the Manaia area, so you have to put frost cover on them," says Gordon. "Once they grow to three or four feet they are OK."

With the plants have come

In earlier years the Keep Manaia Beautiful Committee looked after the Walkway. Among their projects is a bridge made from old power poles, with sides added by the local Lions Club. Reminders of some of the people on that committee can be found along the walkway, including three totara from the property of the late Jack Landers which have been transferred in his memory.

Others to have worked on the Walkway have included Lorna Le Fleming and Bev Rothe who would come and work on it every Thursday morning. Places where they worked are now known as Bev Rothe's Peace and Lorna's Legacy.

Local groups like the Manaia Golf Club and individuals like Gail Thorley

The Chisnalls have been on board since 2004 when the Manaia Indoor Bowling Club, of which they were members folded, leaving some money for projects like the Walkway.

One of the Walkway's earliest donors was Lorenz Wilfred Meuli. When he went overseas to serve in World War I he had some money which he told his mother to give towards something for the town of Manaia if he didn't come back. He did not return,

killed in action in France in 1916.

This money was used to pay for the Meuli Steps leading to the historic Manaia Redoubt site. The redoubt's original wooden watchtower has since been replaced by a concrete replica. The two original gunhouses are still there, although some rotten boards have been replaced with new ones that had to be specially milled to get the right gauge.



New guardians for Manaia Walkway are needed as our present ones are retiring.

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Anne and Gordon Chisnall on a bridge along the Manaia Walkway.

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Mental wellness advocate comes to Opunake

The last couple of years have seen a big shift in Gospel singer Julia Grace's

"I've transitioned into a professional speaker in the last couple of years," she says "I've moved from being an artist who speaks to being a professional speaker who sings."

She was doing both these things last weekend on a visit to Opunake. She spoke about mental wellness at a meeting at the Sandfords Event Centre on Saturday night, and spoke there again the following morning at a combined church service.

On both occasions her messages on mental wellness were interspersed some of her songs including country gospel favourite One Day a Time and traditional hymn It is Well with my Soul, in both cases reworked with a new verse that fitted in with the mental wellness theme.

Julia was invited to Opunake by The Wave Church, and it is her first visit here. The Mental Wellness message is one she has taken around the country and overseas. In the year before lockdown, she had spoken to 100,000 people.

Accompanying Julia was husband Michael.

"This is something we are both passionate about, as we've both been through it," says Michael.

Julia came from a wellestablished career as a Gospel singer and had been a Tui Award winner before experiencing what she describes as her "Nek minnit" year. It was the year "things turned to custard," including the breakup of a 17 year marriage.

"Every person in this room would have some story of life didn't work out the way they wanted it to," Julia said on Saturday night. "If 2020 taught us anything it's that



Julia Grace performing at Sandfords Event Centre.

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you don't know what to expect."

Mental wellness issues are a reasonable response to the pressures of life says Julia. They are also universal as everybody finds themselves at some point on a mental wellness spectrum. They can also be managed, with tools to manage them. In her case these have included her faith, and her whanau who she defines as her family and the friends she chooses.

"Be careful who you open

your heart to," she says.

Others include fitness("the best thing you can do is move"), food("there is a link between mood and food"), making use of the appropriate pharmaceuticals and focussing forward.

also encouraged everyone to make that one degree of change.

"If you make one degree of change and walk 500 miles in one direction you can end up at a far different point than you would otherwise have done," she said.

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Searching for Charlie

Charles Upham was the of his superiors deserved most highly decorated soldier in the Commonwealth forces of WWII, and could arguably be called the bravest soldier of the war.

An unassuming stock worker/ valuer at the beginning of the war, he stormed through Crete and the Western Desert amazing confounding comrades with his exploits. He won two Victoria Crosses (the only combat soldier ever to do so) and in the opinion

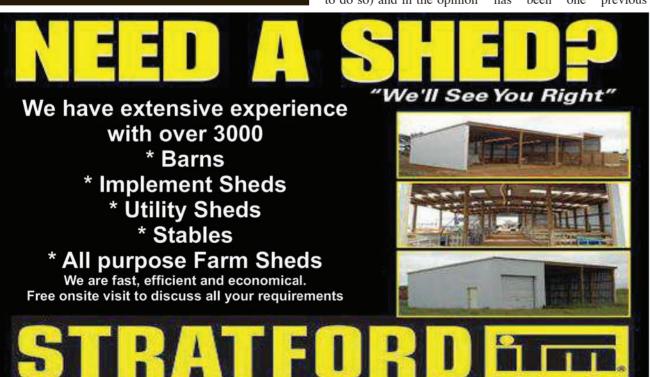
many more. Captured, he became an escape artist and ended his war in the famous Colditz POW camp. Shy and reluctant to take credit for his actions, he deflected all praise onto his soldiers and was described as "distraught" that he had been honoured.

He then farmed in North Canterbury until his death in 1994, avoiding the limelight wherever possible. There been one previous



biography, "Mark of the Lion" published in 1962,

which was a major bestseller and sells to this day.



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New principal for Kura

This year Te Kura Kaupapa Māori o Tamarongo in Opunake will be celebrating its first 30 years. Among those looking forward to the celebrations will be its new principal, Robyn Davey who will be welcomed into her new role at a powhiri to be held at the Kura on February

Robyn says she is looking forward to developing the connection with Te Kohanga Reo o Te Namu, and with the community, as well as providing a learning pathway for all tamariki to succeed, and to strengthen and grow relationships for the tamariki to learn.

She is also looking at holding Te Reo classes for anybody who may be



Te Kura Kaupapa Maori o Tamarongo principal Robyn Davey.

interested in learning the language. Robyn taught Te Reo at Opunake High School before coming to the Kura.

Robyn spent the first six years of her life in Wellington before the family came back home to Opunake, where attended Opunake Primary School Opunake High School. Her iwi is Taranaki tuturu, with hapu links to Ngati Hapoto, Ngati Tamarongo, Ngati Tuhekerangi and Ngati Tara.

Robyn credits her nanna Waikapoariki Maria Richter (nee Waiwiri) with inspiring her to take up a teaching career.

"It's become a bit of a passion for me working alongside students," says

Robyn began as a support

worker at the Kohanga Reo before deciding she wanted to be a teacher, graduating with a Diploma of Teaching from Te Rangakura at Whanganui.

Robyn has a son Johnathan and daughter Puanani who went through the kohanga reo and kura with Te Reo as their first language. She says they were able to do this without them being isolated from the community. Today Johnathan is farming, while Puanani is a student at Victoria University.

Meanwhile their mother is looking forward to the next chapter in her life.

"This is going to be a big challenge, but a great opportunity," says Robyn.

Lower speed limits needed needed

schools needs to be the same as that for urban schools says Rural Women New Zealand

"The latest call by Lake Rerewhakaaitu School Prinicipal Rick Whalley is the right one to keep our rural children and families safe – speed limits past rural schools should be the same as for their urban

Education Convenor Malvina Dick.

"RWNZ has long held the view that speed limits past rural schools are too high because it puts our children and families at risk of serious injury or even worse, death.

"The Government's Road to Zero Strategy is a start with an upper limit of 60kmh we said at the time this was too fast, and it is.

"We would also like to see signs on buses warning passing drivers to travel at 20km if the bus is stationary and that all rural school buses have flashing lights which are activated by the driver when the bus is slowing to drop off or pick

'However, first, on behalf of our rural communities, we would like the Government to ensure that the speed limits around rural schools have an upper limit of 30-40km.

"Rural children deserve to be safe from injury or death on their way to and from school," says Malvina Dick.



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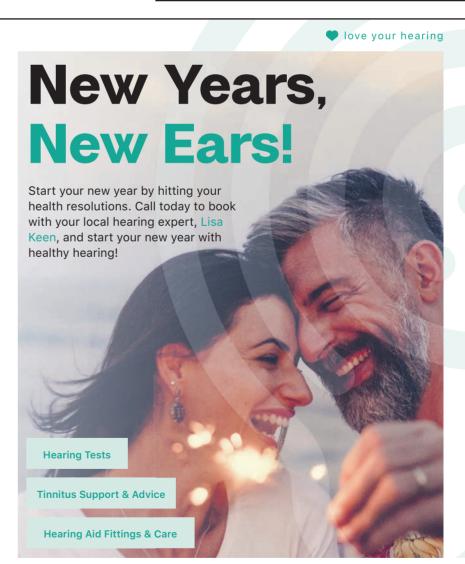
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Batman in Taranaki



This painting from Coastal Taranaki artist Graham Kirk is based on a photo he took from his house 13 years ago. Okato is eight km on the right and Cape Egmont is 12km on the left

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Advice on choosing the right effluent pump

Your choice of effluent pump can make or break the functioning of your effluent system. With a lot of pumps to choose from, and manufacturing improvements, we're often called for advice on which pump is going to be best to get the job done. So, here's what we recommend...

When electric is best

Electric pumps are our first recommendation if your pump is just servicing the one effluent pond/tank, and you're able to get electricity running down to the storage area. We recommend electric pumps because they are easy to automate and have much lower running costs then diesel and PTO pumps. They also provide a good flow in the range of 18,000 to 36,000 litres per hour, ideal for inground systems with most effluent irrigators.

The two most common types of electric effluent pumps are floating centrifugal and shore mounted progressive cavity (PC) pumps. Where centrifugal pumps were once the 'go to' option, recent improvements to the geometry and quality of PC



MICHAEL PRESTIDGE

pumps has made them the preferred choice for safety, reliability and consistency.

A good quality progressive cavity effluent pump will provide a consistent flow of effluent to the irrigator regardless of where it is situated on the farm. Dairy farmers who've installed PC pumps confirm the output is the same whether they are pumping short or long distance, over flat or elevated land. PC pumps have a low horsepower requirement making them more efficient to run. They are also less expensive to install and are self-priming when set up correctly. Being shore mounted they are the best choice for safety and maintenance as there is no need to enter the pond.

Centrifugal pumps are still a good option, however



An efficient effluent system needs the right pump.

compared with a good PC pump they require a higher power input and more control mechanisms to achieve the same level of consistency. While reliable,

as they require more complicated mechanics there is a higher risk of complications. In terms of safety, centrifugal pumps can be shore mounted, but

will require some form of priming. Alternatively, PondBoom™ recommended for floating centrifugal pump setups so that the pump can be safely brought to shore for maintenance without the need to enter the pond.

PTO and diesel-powered effluent pumps

A well-chosen PTO or diesel-powered effluent pump will deliver high volume and high pressure ideal for use with multiple irrigators or draghose type systems. Since they are portable and don't require electricity to run, they're ideal for use over multiple ponds or if an electric pump is not an option.

Smaller PTO pumps are usually recommended for small to medium farms where an electric pump is not an option. Large dieselpowered pump kits are often required for large, multipond farms and contractors where high output is desired. These large diesel pump kits can deliver 10x the output of an electric pump.

It is important to note when selecting a pump that high horsepower does not equal Effluent high pressure. pumps must be both high pressure and high volume to be able to reliably pump effluent through a pipeline. It is always recommended to check with a specialist to make sure the pump you choose will have the correct pressure and volume to suit your requirements.

Michael Prestidge Nevada Effluent

Management Specialist

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Soil, Pasture or Livestock – What are we actually Farming?

Are we farming soil, pasture or livestock? This might seem like a stupid question, but you could be forgiven for being confused about what it is we are actually farming when it comes to livestock

For example, the idea of "pasture farming" is common. The focus being on growing the feed, with the rationale that the more you grow, the more kgMS/ ha you produce and the more profitable you will become. Feeding pasture is a delicate balancing act and so this focus on growing grass is warranted, but not at the expense of soil or animal health, which can be the case. We need to connect our thinking back to the soil and animal.

Regenerative Agriculture and Biological Farming promote building health from the soil up. This implies that if we take care of the soil then it will automatically support healthier plants and animals. It makes the assumption that because we have supported pasture growth through healthy soils and pasture diversity that these pastures will automatically better support animal health. However, this is not necessarily the case, this time the disconnect is between the plant and the animal.

How about driving decisions based on animal health and welfare? Even this alone is a recipe for disaster. Putting the needs of stock first may mean that in hard times when the requirements of animals and plants are in conflict, the plants' requirements are



EMILY HOUSE

forgotten. Pastures shouldn't be sacrificed because of short-term desperation.

So, what is it we should be focussing on to achieve the best results for our soils, plants, animals and environment? The answer is simple, all of them, in relationship to each other.

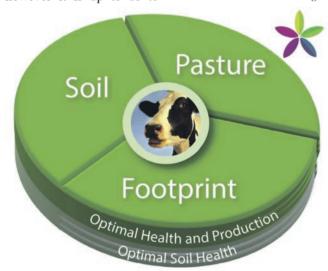
soil-plant-animal relationships in pastoral farming are complex but we shouldn't use this as an excuse to be lazy when it comes to decision making. While it may be complex, it doesn't mean it's necessarily complicated. Researchers are very good at looking at individual relationships through a reductionist lens, however it is up to us to

connect the puzzle pieces together. Taking the time to think more deeply and understand how some of these interactions play out on farm can only work in our favour. Although the best decisions are also often a compromise, in the long run our farming systems and environment will benefit from this "balance".

At 5th Business Agri we talk about an Animal Centred Approach. While it is centred around animal requirements it also takes consideration into requirements of the soils and plants that are feeding them. Connecting the flow of nutrients between soil, pasture and livestock on our farms allows us to make better decisions around feed, fertiliser and mineral supplementation.

So, the next time you have to make a nutrient related decision on farm, I challenge you to consider the consequences of that decision on the soil, plant and animal.

> Emily House 5th Business Agri



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We still need cheques say Rural Women

Rural Women New Zealand says we need cheques

Rural Women New Zealand (RWNZ) ran a survey seeking members' views on the discontinuation of accepting cheques in 2021, with responses overwhelmingly opposing the withdrawal of cheques.

"The response was the highest we've ever had for a survey in three years. So, it's clearly an issue for rural communities." says RWNZ Policy Manager, Angela McLeod.

According to the survey, the main use of cheques was paying monthly bills, purchasing farm supplies, and paying tax. Over 70% of respondents voiced concern over the phasing out of cheques. 42.5 percent of respondents said they still wrote out cheques for purchases and expenses. Of those who did use cheques, 75.2 percent said they posted them to make their payments.

"The goal is not to create a permanent stay of cheques, however, to create a viable option for those who do not yet have the connectivity

options," says RWNZ Board Member and Social Issues Portfolio Convenor, Sharron Davie-Martin.

"Rural communities don't have the technology or access to consistent technology to carry out their banking transactions - they have to use cheques.

"Cheques will get rid of themselves eventually, however, we want places to be able to accept cheques until technology is at a point where farming and rural communities can safely use the internet for their banking transactions.

'Banks are saying that they'll help their customers learn how to use online banking, however, if you don't have a good internet connection then that's not going to work."

"All we want is for banks and other institutions to just keep accepting cheques until technology is at a point where every rural household has good, reliable internet that's it," says Davie-Martin.

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Dairying makes big contribution

Dairy sector representatives say they are encouraged by GDP results that emphasise New Zealand's economic rebound amid Covid-19.

The dairy sector contributed nearly one in every four dollars earned from total goods exports and services in the year to September 2020.

Recent Sense Partners analysis, for DairyNZ and DCANZ, shows the sector is delivering \$20 billion in export value.

"The GDP rebound may be a short-term benefit from the recovery in retail spending, wage subsidy and a hot housing market. So, it is important we don't forget to focus on export-led growth moving forward," said DairyNZ chief executive Dr Tim Mackle.

"Dairy's sustained economic contribution is a key factor in the country's Covid-19 recovery, but tourism will also become increasingly important again as borders open. Importantly, dairy sector growth is supporting wage growth in regional New Zealand.

"Dairy provides long-term stability for our communities. Export earnings translate to well-paying jobs, but also support farmers and dairy companies to purchase more than \$22.5b worth of goods and services from other

industries," said Dr Mackle.

At a community level, in 2019 the dairy sector accounted for more than 5 percent of GDP in seven regions – and more than 10 percent in four of those. West Coast has the greatest GDP from dairy, at 16 percent.

"In dollar terms, this equates to dairy contributing more than \$100 million to GDP in most regions – including nearly \$2 billion in Canterbury and \$2.5 billion in Waikato. This is especially significant because of the limited scale of other high-value export sectors in rural New Zealand."

The dairy sector is a

significant employer in many districts, accounting for up to one-third of jobs in Waimate, and as many as one in four jobs in South Taranaki and Otorohanga.

"Around 50,000 people are employed in the dairy sector, on and off farms, generating \$3.4 billion in wages in 2019. Twenty New Zealand districts see between \$50 million and \$100 million in wages from the dairy sector, which flows on to local spend."

Dr Mackle says increased efficiency on the farm is a factor behind dairy's success, particularly as farmers develop from a sustainability perspective.

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Lukas Hitch from Opunake shows off his catch.

We hope you all had a great day fishing at the Opunake Take a Kid Fishing Day at the start of January. What a great turn out even with the bad weather on the day.

We are looking forward to seeing you all again next year. For those entrants that were not at prize giving certificates and prizes can be picked up in store at Symes Outdoor and Sports

Sandfords Manaia Golf Club results

Saturday Men. 1. Nathan Ngere. 2. Lennard Kennett. 3. Grant Gopperth. 4. John Oliver. 5. Grant Hastie. Ambrose. 1. Reg Dog. 2. Hakana Matata. 3. Hoppy.

Saturday Men. 1. Paul Hung. 2. Gary Dowdle. 3. Trevol.

Saturday Men. 1. Paul Hunn. 2. Gary Dowdle. 3. Trevor Larsen. 4. Bruce Duffus. 5. Lennard Kennett and Grant Hastie.

Junior. 9 Holes. Luke Norris. Chipping and Putting. 1. Cooper Symes 2. Eila Elliott. 3. Boston Symes. The Works. 1. Cooper Symes. 2. Boston Symes. 3. Eila Elliott.

Putting. Kobi Symes Simpson, Jaxon Symes Simpson, Eila Elliott. Gross. Jaxon Symes Simpson, Kobi Symes Simpson, Eila Elliott.





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Netball Taranaki thank community

Netball Taranaki is celebrating success stories in its community after a roller coaster 2020 wrapped up with the completion of Spring League last week.

General Manager Jaqua Pori-Makea-Simpson said the netball community were amazing during the season, which saw most programmes rescheduled when New Zealand came out of lockdown.

"People wanted to be involved in netball and we saw some amazing efforts by our community and volunteers who assisted our staff in the delivery of programmes, competitions and events. They have really helped us provide a quality netball product in 2020.

"It wouldn't have been an easy task, but they made sure everyone was still able to be involved in netball in a safe and compliant way," she said.

There were several volunteers including umpires, coaches, bench officials, teachers, club representatives and parents who pitched in wherever they could.

Pori-Makea-Simpson thanked them for their service, commitment, and efforts during the year.

"Netball recovery from Covid19 looks healthy, there are encouraging numbers for the future of the game, participation is evolving, and development opportunities will continue to be agile.

We celebrated the inclusion of males in netball and Bilingual Umpiring was embraced in 2020."

The Under-14 trials had its largest turnout with 130 players trialling, up from 74 last year.

F u t u r e F E R N S programmes and satellite competition numbers were also encouraging and a full complement of Premier teams competed in 2020.

Pori-Makea-Simpson said the numbers reflect players wanting to be involved in a sport they love, being active in a team sport after a long wait, and back on court with friends.

34 Menopause Symptoms treated by herbal Maca.

Peru's Maca root is the best hormonal nutrient herb for women in the world to alleviate the 34 menopause symptoms. Maca nourishes hormonal glands and helps women with natural production of estrogen progesterone and testosterone hormones.

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Feelings of doom,

Dread,

Apprehension,

Crying for no reason

Sudden tears,

Increased muscle tension,

Breast soreness, tenderness

Inability to concentrate

Itchy, crawly skin, Aching, sore muscles, tendons & joints

Painful intercourse, Osteoporosis, Frequent urination, Insomnia or weird dreams,

Disturbing lapses of memory, Incontinence upon sneezing,

Change in headaches, increase in Stomach discomfort indigestion, gas

Hot flashes, night sweats, Bouts of rapid heart beat. Irritability, Mood swings, Loss of libido - sex drive, Vaginal Dryness, Tendency to cystitis

Crashing fatigue, increased allergies, sudden weight gain

Hair loss, Changes in body odor, Electric shock sensation, in body or

Anxiety and loss of self confidence, Fluctuations in sexual desire and sexual response

Depression





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Majority of Kiwis unable to identify rip currents

study new highlighted that up to 78% of beachgoers in Aotearoa New Zealand are unable to spot rip currents (rips) in the surf, increasing the risk that they may inadvertently end up caught in one.

On average, five people fatally drown in rip currents on our beaches each year and a further 700 people require rescue.

The study, conducted as part of a collaboration between Surf Life Saving New Zealand (SLSNZ) and beach safety experts at the Universities of Canterbury, Auckland, Waikato, and UNSW Sydney, found that most beachgoers were unable to accurately identify

"What we observed was a dangerous and wellestablished rip current moving quickly offshore from the beach, and when we asked beachgoers to point it out to us, the vast majority were unable to do so," says Dr Seb Pitman, a coastal geomorphologist from the University of Canterbury.

The study was conducted at Muriwai Beach on Auckland's West Coast. well known for its energetic surf conditions.

"Rip currents are like



Above: Rip current. Below: Lifeguard running towards water.

narrow rivers of water that start near the beach and flow offshore various distances beyond the breaking waves. They commonly occur in deeper channels that are cut between sandbars, which means waves don't break as much in the rip current – this means that beachgoers often mistake them as the safest areas to swim because the water looks so calm when compared to the breaking waves either side", he says.

of the study collaborators, Professor Rob Brander from UNSW Sydney believes that teaching people to understand and identify rip currents is "extremely important," as many people continue to swim at nonlifeguarded beaches and outside of patrol hours.

SLSNZ's Chief Operations Officer, Adam Wooler, agrees.

"Rip currents account for about 80% of the rescues our lifeguards perform each year," says Wooler, who believes many of these rescues are the result of people not knowing how to spot a rip.

The researchers also looked at whether people were better able to identify the rip current in a static photograph, as this was the main way many Kiwis are taught about rips - and these sorts of images feature prominently on warning signs. The study found two thirds of people that could see the rip current in the photographs could not pick one out in real life.

"This finding is a real concern and has implications for how we should educate people about rip currents in

the future," says Wooler.

"It also reiterates that the best way to stay safe at the beach this summer is to choose a lifeguarded beach and swim between the flags."

If you do get caught in a

rip, remember the 3Rs:

Relax and float to conserve your energy, raise your hand to signal for help, and ride the rip until it stops and you can swim back to shore or help arrives.







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Opunake Boat and Underwater Club Annual Tournament

The Opunake Boat and Underwater Club is holding their tournament a little later this year, commencing on Waitangi weekend, Saturday the 6th and finishing with final weigh-ins by 5 pm on Saturday February 20.

Early Bird tickets are available now through Symes Outdoor & Sports (formerly Collins Sports) or via the contact details on our Facebook page. The Early Bird \$1000 draw will be held at the prize-giving and you must be present or it will be re-drawn. Early Bird closes at 8pm on Friday the 5th at the clubrooms down at Middleton Bay. We will be having a BBQ and social time so it will be a good time to catch up and have any questions answered.

In addition to the OMV/ McDonalds Sponsored \$1000 Snapper cash first prize (there are cash prizes out to ten places for snapper) we also have nine other fishing sections including Kahawai and Blue Cod to five places and John Dory, King fish, Tuna, Tarakihi, Gurnard, Trevally and Hapuka all to three places. For the divers there is the Crayfish section to three places also. All up there are over \$8,500 in prizes in these sections with points being awarded in the fishing sections towards our coveted

Top Boat trophy.

Entries this year remain at \$50 per angler and \$20 per diver, the entry is the same after the closing of the Early Bird sales. You absolutely must have a pre-paid ticket to go fishing, if even only one person on the boat does not have a pre-paid ticket then that whole crew and that boat will be disqualified for that day's fishing. Murphy's Law says that will be the day you catch the winner.

If buying tickets after the



Join Paddy Walsh in this year's Opunake Boat & Underwater Club tournament from the 6th to 20th of February.

tournament starts, contact the head organiser Lynda or one of the committee (names and phone numbers on the tractor shed white-board). You can pay on-line or in cash and we can arrange for your ticket to be available in the tractor shed to pick up before you go fishing.

Weigh-in can be done daily at the clubrooms between 6 and 8pm. If you have to get away earlier in the day, call one of the official weigh-in crew with their names and numbers on the tractor shed whiteboard. Be patient as some of these hopefully may be out fishing also.

Note that only these people can weigh your fish in.

Those good guys and girls at Gibson's Plumbing are again running the Lucky Snapper Draw. Weigh in a snapper 4Kg to 6Kg inclusive at anytime throughout the tournament

and be in to win the \$1000 cash prize, only one entry per angler please. You have to be at prize-giving to win this.

The annual raffle will have a different format this year, the tickets are \$10 each but there are four separate draws for that ticket. The first drawn gets the choice of the four prizes followed by the second with three, etcetera. The premier prizes include the choice of two different and reel packages sponsored by Kilwell and Symes, followed by the two other prizes. The raffle will be drawn at prizegiving. If you are not present a committee member will

make the choice for you.

As we have done in the past we will be offering a complimentary meal at prize-giving including BBQ'd venison back steaks and roast beef and pork

with vegetables cooked by chef Steve and helpers. The meal will be served at 6pm approximately with prizegiving from 7pm.

We have a large number of sponsored product spot prizes and vouchers. Your entry tickets need to be placed in the bucket provided on prize-giving night and numbers will be drawn and the choice of these prizes will be offered to those who have not won a prize in the main fishing or diving sections. Again you must be present to claim these prizes.

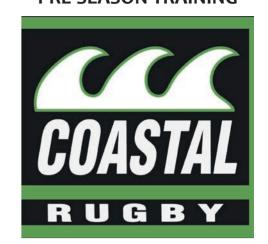
The auctions this year will be interesting with the feature auction being a day for two game-fishing on "Shamrock" valued at around \$2000. We also have a whitebait net valued at \$850 plus dairy products including fertilizer and detergent as well as meat packs and various other tools and fishing goodies. The raffle this year will have four draws for the one \$10 ticket, prizes include the choice of two different rod and reel packages plus two other high value prizes - total value

The final event of the night is the awarding of the Top Boat trophy, no prize to go with this, this boat crew should have enough from their winnings in the fishing sections already. The skipper will have their's and their boat name engraved on this unique trophy for posterity.

The club is hugely thankful to all our sponsors and we ask that you please support those that support us. They are all listed on our entry form.

Fingers crossed for some great days out on the water, be safe and the very best of luck, OBUC Commodore Gary, Head Organiser Lynda and the committee.

COASTAL RUGBY PRE-SEASON TRAINING



First session: Tuesday 2nd February for all senior grades

Follow the Coastal Rugby facebook page for updates on training times, dates and venues



Celebrate 25 Years



Queen's Birthday Weekend
Friday 4th – Sunday 6th June 2021
Rahotu Domain

For more information see the facebook page or contact: Victoria McCullough 027 3560 260 Deb Davies 027 408 5414 coastaljubilee@gmail.com

Opunake Boat and Underwater Club Annual Competition



OMV/McDonalds Sponsored \$1000 Snapper Tournament 2021

Date 6th to 20th February inclusive

Ten Fishing Species sections, one Diving (Crayfish) section

Early Bird and Lucky Snapper Draws of \$1000 each at prize-giving,
and over \$10K in prizes plus a complimentary family meal.

All boats must launch and retrieve at Middleton Bay, Opunake

Competition rules are on the official entry form.

Entry - \$50 per angler, \$20 per diver

Tickets available from Symes Outdoor & Sports, Opunake, or at the registration night BBQ at the Middleton Bay clubrooms on 5th February

Early Bird entry closes at 8pm

Please see our Facebook page for more detail

2021 TET Taranaki Masters Games (TMG)

Too much Christmas Pav? Don't quite have the motivation to get that 'summer bod'? Maybe try training for the 2021 TET Taranaki Masters Games. Now is the perfect time to get started, with just under two months until the games will be held on the 11-14t March.

Whether you are currently an athlete, or just want to one-up your kids in their sport, the TET Taranaki Masters Games provides for all with a fun, camaraderiefilled atmosphere where participate can with whatever level of competition suits you. The 22 sports available ensure that there is something for everyone (yes, wine tasting is a sport – don't try to fight me on that).

Our local sports coordinators can provide information on the events they are running, guide you towards a training regimen and help you find a team to compete with if you don't yet have one. Don't expect any special treatment on the day, however, fairness and sportsmanship are integral to the competition.

If that isn't enough to tempt you, find someone who has entered in the past and ask them about our 'goodie bags' filled with complimentary items such as Taranaki Masters Games branded pen and note pad, some scrumptious lollies, and a premier item (backpacks, towels and hoodies being all past examples).

So, go now. Grab your friends or colleagues (maybe that neighbour that you met one time at a block party and forgot the name of) and get training. Put together a

Timetable												
Sport	Venue	Min Age	Thur 11th	Fri 12th	Sat 13th	Sun 14th	Ways to Enter					
Athletics	Inglewood	30					Enter online:					
Golf Croquet	Inglewood	50					www.tmg.org.nz					
Darts	New Plymouth	30					Email to request an					
Dog Agility	Normanby	35					entry form:					
Equestrian*	Waitara	35					entries@tmg.org.nz					
Football*	New Plymouth	35					Phone the games					
Functional Fitness Challenge	Stratford	35					administrator, Donna 027 315 5428					
Golf	Stratford	30					to request an entry form					
Indoor Bowls	Inglewood	30					Desistration Foo					
Inline Hockey	New Plymouth	30					Registration Fee					
Netball	Stratford	25					The sport fee stated is in					
Pistol Shooting	Douglas	25					addition to the registration fee of \$15.					
Pool*	Stratford	35										
Running & Walking	Stratford	30					Late entry fee of \$25 will apply after 4 March.					
Sailing*	Waitara	35					The registration fee is					
Snooker*	Stratford	35					payable once, irrespective					
Squash	Inglewood	35					of the number of sports/					
Swimming	Stratford	20					events entered.					
Table Tennis	Stratford	35					Full event details, including					
Tennis*	New Plymouth	40					competition rules, are					
Volleyball	Stratford	25					available on our website					
Wine Appreciation	Stratford	30					www.tmg.org.nz					

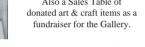
*Variable Dates: Equestrian Sun 7 March, Football Sat 6 March, Pool Sat 6 - Sun 7 March, Sailing Sat 27 - Sun 28 Feb, Snooker Sat 6 - Śun 7 March, Tennis Sat 6´ - Sun 7 March

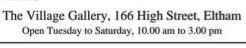
CREATIVE CLEARANCE EXHIBITION 19 January to 12 February 2021

An Exhibition by Members of

The Village Gallery showcasing a variety of new and older works.

Also a Sales Table of fundraiser for the Gallery





team – you get bonus points from me for coming up with the cleverest name. In fact, I think at this point I've convinced myself to enter? Oh, and get your entry in our hot little hands before February 16 to put yourself in the draw to win \$1,000 in cold hard cash. Not bad, eh?

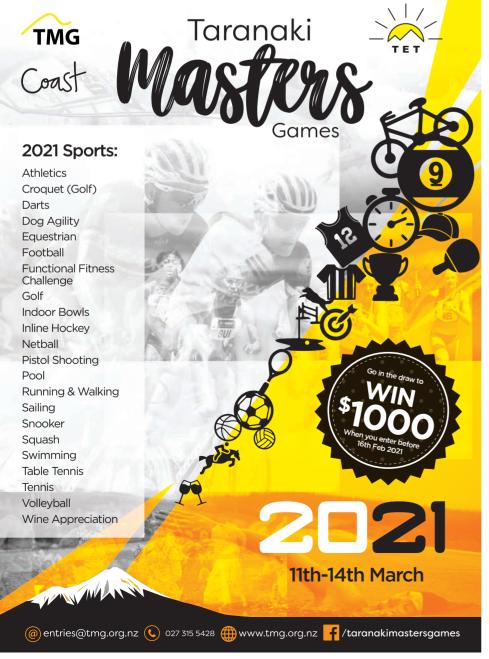
Visit our website https:// www.tmg.org.nz/ detailed info on the sports on offer and to enter, or email entries@tmg.org.nz and our seeing you all! friendly team will provide you with a manual entry form. Looking forward to

(PS. You've read the article now, stop sitting there, get

Jacqui Wood 2021 TET TMG Event Organiser



A variety of sports are scheduled for this year's Taranaki Master Games, including yachting and swimming. Get your entries in.





Stepping into a piece of creative paradise, it will have you dreaming of the future

Viv Davy's art oasis, from out of the blue studio gallery, is situated at 18 Halse Place, just over the road from Middleton's Bay. On entering the simple space, you are consumed by cool in the summer, and warmth in the winter. Right now, the sea breeze swirls around one of the most mind-blowing exhibitions I've experienced, "Dreaming of the Future." The level of sophisticated intelligence that emanates from every piece would astound even the most naïve of gallery goer. You won't be left wondering which is art and which is the fire extinguisher!

Wandering around, reading the blurbs neatly typed up and stuck on the wall, trying to appreciate the hours and hours of love, thought, intuition, and creativity that each of these masterpieces hold within, was challenging at first. All well and good, the more I looked the more I saw, then bam! One piece hit me. I wanted to rip it off the wall and run out the door. Probably chased by Viv! It resonated, transporting me to a place in the past (maybe past life), not visited for a long time. A place where empowerment and strength reside. Knowing when I stepped back into the heat, I wouldn't be the same, something had awakened. That's what real art does.

My visit was timed to perfection, meeting one of the actual artists involved in this exhibition, Isla Fabu. Her piece is aptly named -Forest in a Teardrop. Gentle and delicate in nature, the hidden depths of meaning and craftsmanship draw you back in, for just one more look. The realisation of what hand spun muka, and kowhai seed depict is poignant to the point of a nostalgic longing for the earth that once was, and could be again. Writing any more won't do it justice, you'll have to go and experience it for yourself. As Isla says, "I have a deep love for the muka and harakeke, and feel a deep connection. I dialogue with the fibre." Her trust of the process evokes presence, and a synergy that flows into worship for the work that she initially makes for herself, then shares with the world.

Isla's piece will send you home with food for thought; without the darkness, we are unable to see the light. A forest can grow from a

teardrop.
So, visit "Dreaming of the Future" at Viv's, it's a whole different world with a wide range of experiences, "huge differences amidst



Suzan Kostanich - Novus Initiis: New Beginnings

commonalities" (Viv).

The 100% cotton teatowels are a simple example of a complex situation. Water conservation awareness. Think while you do your dishes by Christine Keller helps you keep your mind in the game of saving water, every time you dry your dishes. Christine resides in Dunedin, and is top of her game in weaving.

Dr Donna Campbell with her exhibit of four pieces (Pacifika Sistas) – Talismans for the Future. Each unique in their varied materials, really have to be seen to be appreciated. Donna is head of Maori Studies at the University of Waikato, and her work is collected by galleries worldwide.

There are two artists depicting their take on glacial melt and man's part in it. One perspective is Pam McKinley's Ice at the Margins I and II. Both pieces are these amazingly long hand-woven shawls of khata, wool/silk and rayon. So beautiful. The other is Glacial by Bernice Mitchell. The merino, silk paj, silk

tissue, throwsters, and silk rayon velvet come together in a tribute to the tension created from the dichotomy of enhancing our own human experience in remote places, while destroying nature by doing this.

"Dreaming of the Future" offers you a vehicle to travel this journey of thought, and expand your vision of the future.

"It's only going to change if you change your thinking about it." – Viv Davy

So just rock up - Thursday to Monday - 1pm to 5pm.

Or phone for an appointment if you can't make those times. There's also a website, so have a nosey.

Group visits are welcome, just text Viv.

Thank you to all the incredible artists, and the gifts they are sharing. Especially the ones that ship their work at great expense from all around the country, we are very privileged in this tiny part of Aotearoa to see this sort of talent.

Jane Forkert



18 Halse Place, Opunake

Ph 021 407 424

Open Thursdays to Mondays 1 - 5 pm or by appointment.

A boutique gallery space specialising in all things fibre and cloth.

https://www.facebook.com/silktangles http://fromoutofthebluestudiogallery.com/



What's On Listings

ONGOING

Movies at Everybodys Theatre in Opunake: Playing several days and nights each week. Refer timetable in newspaper.

MONDAYS: Tainui Day Centre - St Barnabas Church Hall, 141 Tasman Street Opunake: Each Monday 10 am - 12:230 pm. Information call Jenny 7618080 or Glenys 6558025 Opunake Friendship Club: Meeting last Monday of each month in Opunake Town Hall at

TUESDAYS

1.30pm. All welcome.

Opunake Walking Group: Every Tuesday 10am. Meet outside Club Hotel on Havelock St. Phone Margaret 027 477 5600 for more info if needed, or just turn up.

Life Drawing Group: Weekly at the Emporium, 86 Tasman St, Opunake 7pm to 9pm. \$10 to pay for the model. Models always wanted; male, female, any age. If anyone is interested please call Marianne Muggeridge on 06 274 5713.

WEDNESDAYS

Lisa Keen Audiology at Coastal Care, Opunake: Wednesdays 9am - 5pm, for an appointment call 027 591 4222 - 0800 555 676

Okato & District Historical Society open every Wednesday: At the Okato Community Trust Hall, 47 Cumming St, Okato. phone Meg on 06 752 4566.

Opunake Embroiders Guild: Meet 2nd and 4th Wednesdays of the month, 10.30am-3pm at the Opunake Business Centre, Napier St, Opunake. Just come along or phone Sheryl 06 761 8769.

THURSDAYS

Coastal Young Farmers: Meet 2nd Thursday of every month at 7pm at the Okato Bowling Club

Taranaki Country Music Hall of Fame, Manaia: Running every Thursday night from 7.30pm, 11 Surf Highway, South Road, Manaia.

FRIDAYS

Eltham Business Association Friday Markets: 9:30am to 1pm, Carpark of Touch Point, High Street, Eltham.

Singer Songwriters, New Plymouth: Last Friday of the month at Little Theatre, 29 Aubrey St, NP from 7-11pm.

Opunake Bowling Club Twilight Bowls: 5.30pm at the Club.

WEEKEND

The Historic Cape Light & Museum: Open 11am – 3pm weekends, Bayly Road, Warea. **SEPTEMBER 26 2020 TO FEBRUARY 8 2021**

'Home Work' Taranaki Art 2020 Exhibition: At Puke Ariki Museum, New Plymouth. **FEBRUARY 6**

Hawera Horticultural Society Summer Flower Show: Hawera Community Centre. Albion St, Hawera.

FEBRUARY 6 TO 20

Opunake Boast & Underwater Club Annual Competition: See ad and article for more info.

FEBRUARY 13

Everybody's Theatre Centennial Celebration: Special free screening of 'Maya nd the Bee'. 1pm.

FEBRUARY 20

Everybody's Theatre Centennial Celebration: Dance the night away 1920's style with a Jazz band. 7.30pm.

MARCH 11 TO MARCH 14

2021 TET Taranaki Masters Games: All around Taranaki. See article for more info. JUNE 4 TO 6

Coastal Rugby 25 Year Celebrations: Rahotu Domain.

COASTALCARE

Haumaru ki Tai - Health and Community Centre



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Molemap

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Taylor Dental PracticeOffering full dental services every Thursday

Lisa Keen Audiology

Every Wednesday

New Plymouth Physiotherapy

Every Tuesday and Friday **Taranaki Podiatry**

Every 2nd Wednesday of the month

Rrowning & Matthews Ontometrists

Browning & Matthews Optometrists

Every 2nd Thursday

Mihi's Place 4th Thursday of the mo

Every 4th Thursday of the month

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For a full list of services and happenings here at CoastalCare find us on Facebook or visit us at www.coastalcare.co.nz CONTACT ARETHA LEMON Facility Manager on 06 761 8488

EVERYBODY'S THEATRE OPUNAKE

Everybody's Theatre Opunake is 100

Theatre! Everybody's Turning 100 years old is no mean feat for our brilliant theatre in our lovely little town of Opunake. South extremely Taranaki is fortunate indeed to possess such an entertainment asset, run by a fabulous team of volunteers and one very capable Facility Manager. In February 2021 we will be celebrating the milestone.

Kids are catered for on the afternoon of Saturday 13th February with a matinee movie, free popcorn and a colouring ompetition. Come dressed as your favourite character. Even though tickets are free you still need to book your ticket online. By Invitation, past committee and people with a long involvement of keeping our Theatre running will attend an official cake cutting at a high tea on 14th February. A 1920s themed evening with a talented jazz band is planned for Saturday 20th February 2021. Tickets

are on sale now at the or at Pastimes. Theatre when open, online

The original building was (John Callaghan) O'Rorke, So how did it all begin? built in 1912 for Mr J.C. a farmer from Oaonui.



Everybody's Theatre in Opunake is 100 years old. Come and join the celebrations.

Photo: Pip Guthrie Photography



BOOK NOW AS TICKETS ARE LIMITED - NO DOOR SALES Enter our colouring contest - sheets available from the theatre or from our Website or Facebook page!





Our History Timeline

 $\textbf{1912-1914} - \textbf{Thorpe} \ and \ \textbf{Callahan's} \ general \ store \ built \ during \ this \ time.$

1920 - it was reported in the Hawera Star that "Carpenters have commenced extensive alterations to Mr J. C. O'Rorke's building. It is proposed to extend the building some 40 ft back. Two up-to-date shops will be provided on the frontage, and the back part is to be fitted up as a picture theatre. A large $\,$ passageway between the shops gives entrance to the theatre from the Main

 ${\bf 1921}$ - Mr L (Boss) Whiting ran the theatre until his retirement, then his son Bruce took over the reins.

 ${\bf 1980}$ - Bruce tried to sell the theatre so he could retire. Because there was no interest and Bruce had decided to close down the theatre, a group of local people called a public meeting on the 23rd April 1980 to investigate options, 500 to 600 people attended.

Interim Steering Committee; Mac Calvert, C Hunt, A Harvey (Treasurer), and D Norris (Secretary) negotiating and fund-raising.

The Everybody's Trust is formed, and Mr Leo Hickey and Mac Calvert are named as the trustees

The Theatre has been run by volunteers - projectionists, cashiers, ushers,

Original Trustee for Everybody's Theatre, Mr Leo Hickey, who offered to be Manager for 6 months, retires after 18 years' service in 1998

\$55,000 was the agreed sale price of the theatre to the trust.

\$20,000 was borrowed from the Bank of New South Wales.

\$35,000 was donated through gifts and debentures from the local community. Each year debentures were repaid from operating profits, all

2012 - Closed down due to the need for building earthquake strengthening

 ${\bf 2015}$ - Renovations began for restoring Everybody's Theatre by builders; $Heartland\ Construction\ Ltd\ in\ Opunake.$

2016 - December Grand reopening of Everybody's Theatre.

Everybody's Theatre is run by a Trust. The Trust was formed in 1980 to run the community owned Theatre. It is an Incorporated Society and became a Registered Charitable Trust in 2010.

Grocers Thorpe Callaghan took over a lease on 4th November 1912. The cinema conversion took place after World War I. A 1920s Hawera Star reported some pretty impressive alterations. Rear extensions of 40 feet with two up-to-date shops on the frontage. The back part fitted up as a picture theatre with a large passageway between the shops giving entrance to the theatre from the Main Street. This was a joint venture between the owner, Mr O'Rorke and the sole lessee - Arthur White. Known as White's Pictures, the people of Opunake were delighted to have such an

up-to-date theatre. Opening night on Saturday 3rd September 1921 was a huge success. The Virgin of Stamboul screened to a full house, as did the matinee Blue Streak McCoy. Mr White employed a small orchestra, going to the movies must have been a full-on sound and vision experience back then.

Mr L. Whiting (Boss) purchased the theatre toward the late 1920s, and on retiring his son Bruce picked up the reins. In early 1980 it was Bruce's turn, and he shut the doors. On hearing from theatres that had previously closed - "the patrons removed the furniture as they left". Bruce was not going to let that happen. When the community found out they quickly rallied together, and after a meeting of six hundred residents on April 23 they unanimously agreed to raise funds and purchase the theatre. The 15th of May 1980 saw the theatre's first screening as a community asset. Now 40 years on, and going from strength to strength.

During 2012 to 2015 Everybody's Theatre extensive underwent renovations inside and out due to forced closure for earthquake strengthening in 2012. The theatre overwhelms with now resplendent chandeliers and bevelled glass doors. Downstairs seating welcomes with comfy couches and lazyboy chairs covered in an eclectic array of colourful crochet blankets, while upstairs is new tiered theatre seats, including some of the original fold-up versions.

Continued on page 25

EVERYBODY'S THEATRE

Everybody's Theatre Opunake is 100

Continued from page 24

The first Sunday of the month are Boutique nights, a must to attend, enjoy a movie with wine, cheeseboard and dessert. All details are on our website and Facebook

So, if you are ever around this way pop in, we would love to see you.

Tickets to the Centennial with jazz band are on sale now at the Theatre when open, online or at Pastimes. Dress in your best from 1921 and come celebrate

information please visit Everybody's Theatre website:

http://everybodystheatre.

Written by Jane Forkert



Above: Inside Floor.... The auditorium flooring was replaced removed and concreted in 2005.

Photo: OCN



Above: The Thorpe and Callaghan General Store, built by J.C O'Rorke in 1912, leased as a General store until it was converted into a cinema in 1921.

Photo from Puke Ariki Feaver Collection.



72 Tasman Street, Öpunakē - www.everybodystheatre.co.nz - Phone 027 3837926 **JANUARY/ FEBUARY 2021** Adults \$10, Students 4-16yrs and Senior Citizens \$8, Under 4 free

DRAGON RIDER

Adventure, Family|1hr 32mins|PG; Violence Sat 30th Jan 1pmlSat 20th Feb 1pm

THE ELFKINS: Bakeday

Sat 6th Feb 1pm

MAYA THE BEE 3

Animated, Kids & Family |1hr 28min|G Sat 13th Feb 1pml Sat 27th Feb 1pm

Crime, Drama|1hr 57mins| M: Offensive Language, Violence Fri 29th Jan 7pm

BOUTIQUE

LOVE, WEDDINGS, & OTHER DISASTERS

Comedy, Romance|1hr 30mins|TBC Sun 7th Feb 7pmlSat 13th Feb 7pm

BUDDY GAMES

Comedy|1hr 30mins |R18: Sex Scenes Sun 31st Jan 7pm

PROMISING YOUNG WOMAN

nr 53mins|R18; Violence, Drama, Crime i Rape, Suicide Sat 30th Jan 7pm

WILD MOUNTAIN THYME

Drama, Romance |1hr 42mins|PG Fri 5th Feb 7pmlSun 14th Feb 7pm

THE MARKSMAN

Action |1hr 48mins|R13: Violence Fri 12th Feb 7pmlSun 21st 7pm

Drama, Musical |1hr 47mins |M: Violence and Language

Sat 6th Feb 7pmlFri 19th Feb 7pm

Help us Celebrate our 100 year birthday - tickets online for all our celebration events or call us



Above: Taken in 2013 when the theatre underwent structural strengthening. Photo Maree Drought

Everybody's Theatre CELEBRATIONS 20 February 2021 - 7.30pm Dance the night away 1920's style with a Jazz Band 1920's Style Dress - Refreshments available - Tickets \$55pp 72 Tasman Street - Opunake

Phone: Aretha 027 383 7926

Back to School Safety



Be vigilant around schools.

Students are back at school this week and Roadsafe Taranaki is urging parents, students and motorists to work together to create a safe enjoyable start to the school year.

The risks are especially high when new students and their parents are still finding their way around. Children are excited to get back to school to see teachers, catch up with friends and get into lots of fun stuff in the first few weeks back at school.

Slow down to 20km/hr

when passing a stationary school bus that has stopped to pick up or drop off children. It does not matter what direction you are travelling - always be prepared to stop.

The rules are very simple, slow down when you know there may be a risk. Anytime there are children, vehicles and noise around a school, there is a high risk of something happening. Young children are unpredictable and move quickly so drive as though every child you see is your own.

Between 7.30 and 9am Monday to Friday during school term children are finding their way to school, whether that is catching a bus in rural Taranaki, walking the urban streets or getting dropped off at school.

Roadsafe Taranaki Coordinator Marion Webby says parents can help create safe zones by parking further away from the school gates and walking their child a few hundred metres. This is a great opportunity to teach them basic road skills.

SITUATIONS VACANT

OPUNAKE & COASTAL NEVS

DELIVERY PERSON WANTED

We need a reliable delivery person to deliver our fortnightly newspaper to half of Opunake. Please phone 06 761 7016 or call at our Napier Street office. Ask for Rolland.

CLEANING, gardening and occasional house and dog sitting 'professional' wanted. Approximately two hours per week, plus extra hours on occasions. Call 06 761 8858. Would suit senior student.

HELPER WANTED.
Gardening, painting, cleaning. Contact William 761 7054.

LOOKING FOR a regular relief milker for two farms: assist on 280 cows and sole charge 145 cows. Pihama area. Please text or call 027 700 7739.

FOR RENT



Office Rooms/ Board Room available

Long term, short term or casual basis

Building has kitchen facilities, wheelchair access, cleaning services and plenty of parking on Napier Street or at rear of building on King Street.

Inquiries to Brenda Pittams - Ph 06 278 4169

THANKS NOTICE

HOOPER, Charles Ian

Barbara, Graeme, Merv and Cathy, Joy and Steve, Phil and Lyneyre, Karina and Brett and their families thank you for the love you have expressed, then flowers, baking, cards, phone calls, emails, texts, visits, and memories shared, when we lost a much loved husband, Dad, Grandad and great Grandad.

We will miss him so much but we are thankful God has called him home and know he is now out of pain and at

This is of comfort to us all. Thankyou.

FOR SALE

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PUBLIC NOTICES



St Cuthbert's Anglican Church, Manaia

You are warmly invited to share in the poignant

Service of Deconsecration

With Archbishop Philip Richardson

Friday 29th January 2021

2:00pm

36-38 Patu-Kukupa St Manaia

Phone 06 278 8667



We warmly welcome back our students and whanau for the first day of school on Monday 1st February. Please ensure your child has the correct school uniform, including a school

Enrolment at our school is now governed by an enrolment scheme, detailed information is available at the school office.

CHURCH NOTICES

Opunake & Okato Co-operating Parish

CHURCH SERVICES

St Paul's Opunake Co-op & Rahotu Opunake Cooperating Parish St Pauls, Havelock St 9.30am every Sunday and the Rahotu - Wesley - 11am first Sunday of the month Oakura - St James - 10am, 2nd & 4th Sundays Okato - St Pauls - 10am, 1st & 3rd Sundays

Opunake Catholic Church

St Martins, Pungarehu: 8.30am every 2nd and 4th Sundays of the month

Our Lady Star of the Sea, Opunake: 10am every Sunday Other areas

> Manaia - Sacred Heart - 1st, 3rd Sat at 5pm (2nd, 4th & 5th Sat at Hawera's St Josephs) Kaponga - St Patricks, Sunday 8.45am All welcome

St Patricks Catholic Church, Okato

Saturday Vigil 6.00pm - 1st, 3rd & 5th Saturdays

The Wave

Pentecostal Church 64 Domett St, Opunake Sunday Services 10.30am Women's Group 10.30am Tuesday Men's Group 7pm Wednesday Come along or contact Murray Baylis 027 218 3377

St. Barnabas Anglican Church

141 Tasman St, Opunake Sunday Services 10am Communion 2nd, 3rd & 4th Sunday Prayer & Praise 1st Sunday Every 5th Sunday all 4 churches gather for a Combined Service

Okato Community Church

Meets 10.30am Sunday at Hempton Hall. Everyone welcome



Next Meeting is on Monday February 1, 2021 at 5.30pm

Hughsons & Associates Boardroom at the Opunake Business Centre, 23 Napier St, Opunake

(opposite the Coastal Care Medical Centre)

COASTAL JUNIOR SOCCER CLUB 2021 AGM



Wednesday 3rd February 7_{pm}

Sandfords Event Centre, Opunake All current and new club members welcome.

VOICE

Groceries

RAFFLE RESULTS

Jo

Feidhlim Hall, Bonus Prize

Peter Mullan, Plant Fthr

Butler, Cheese Board Helen

Stokes. Thank you for your donations and for supporting

Voice For Life. May the

New Year be kind to you all.

The next issue of the

Opunake & Coastal

News is due out on

February 11, 2021..

Phone us to be in it.

Beckett,

Te Kura Kaupapa Māori o Tamarongo

2021 Enrolments: Thurs 28th January, 9am-12pm. Fri 29th January, 9am-3pm.

Start Date: Monday I February 2021

Will be attending powhiri for Whaea Gaye at

Tirorangi Marae, Karioi. (Details to follow when we get more information).

Tuesday 2 February 9am all students in.

Contact: Robyn Davey Te Kura Kaupapa Māori o Tamarongo

169 Tasman Street, Ōpunakē 0212346297

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